



MANAGING ADDICTED INMATES: MEDICATION-ASSISTED THERAPY IN CORRECTIONS:

Self-Study Program

Viewing the presentations on this CD-ROM and completing the corresponding exam is considered a single continuing education activity. Content is intended to be presented without bias of any commercial product or drug.

Term of approval requires that exams must be completed and received by NCCHC within 2 years of the distribution date of this resource. Credit may be claimed for this activity until May 2010.

The medication-assisted therapy presentation and exam are available on CD-ROM and online. Visit the education section of the NCCHC Web site at www.ncchc.org/education.

LEARNING OBJECTIVES

After participating in this self-study activity, participants should be able to:

- Define opioid addiction and its signs and symptoms.
- Employ medication-assisted therapy to manage addicted inmates.
- Apply principles described in SAMHSA's TIP 44 publication for substance abuse treatment of adults in corrections.

CONTINUING EDUCATION

Participants should only claim credit commensurate with the extent of their participation in the activity. Credit will be awarded, assuming 70% of the questions are answered correctly.

CCHPs: The Certified Correctional Health Professional Board of Trustees has approved this educational activity for 1 contact hour of Category 1 credit.

Nurses: The National Commission on Correctional Health Care is an approved provider of continuing nursing education by the Illinois Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. NCCHC designates this activity for a maximum of 1 contact hour (INA-CE Approval Number 0211-4026-C801).

Physicians: The National Commission on Correctional Health Care is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. NCCHC designates this educational activity for a maximum of 1 *AMA PRA Category 1 Credit(s)*[™].

Psychologists: The National Commission on Correctional Health Care is approved by the American Psychological Association to offer continuing education for psychologists. NCCHC maintains responsibility for the program. NCCHC designates this education activity for up to 1 hour.

FACULTY DISCLOSURE STATEMENT

In accordance with the disclosure policy of the National Commission on Correctional Health Care, as well as standards set forth by the Accreditation Council on Continuing Medical Education, faculty participating in this continuing medical education program are expected to disclose any significant financial interest or other relationship with the manufacturer(s) of commercial product(s) and/or provider(s) of commercial services discussed in these presentations. Such disclosure is not intended to suggest or condone bias in any presentation but rather is elicited to provide information that participants might deem important to their evaluation of a given presentation.

No faculty have reported receiving something of value from a company(s) whose product may be germane to the content of their presentation. "Something of value" refers to an equity position, receipt of royalties, consultantship, funding by research grant, receiving honoraria for educational services elsewhere, or to

any other relationship with a company that provides sufficient reason for disclosure, in keeping with the spirit of the stated policy.

PAYMENT INFORMATION

For only \$20 you will receive a certificate of completion indicating the number of credits earned. The self-study exam will not be processed and credit will not be awarded without receipt of payment. There are no refunds or cancellations.

INSTRUCTIONS

1. View the main presentation on opioid treatment in corrections.
2. Complete the self-study exam. Each question has one answer that is most correct. Multiple answers for one question will not be counted. Be sure to fully erase all unnecessary marks.
3. Read the honor statement at the bottom of the exam and sign it to indicate your agreement.
4. Complete the evaluation to help us monitor the quality of this self-study program.
5. Mail the completed exam, evaluation, and payment to: NCCHC, PO Box 11117, Chicago, IL 60611. We recommend retaining a copy of the completed exam for your records.



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Self-Study Exam

1. Which of the following is regulated by endorphins?
 - a. Emotion
 - b. Spatial orientation
 - c. Sight
 - d. Taste
2. Which of the following is an example of a commonly used opioid?
 - a. Benzodiazepine
 - b. Oxycodone
 - c. Amphetamine
 - d. Cocaine
3. Why is opioid dependence analogous to type II diabetes?
 - a. Repeated exposure results in dermatological deficits that are permanent.
 - b. Cardiovascular deficits mimic each other and are difficult to distinguish.
 - c. Fundoscopic deficits in the retina are the same.
 - d. Both are a result of repeated exposure to powerful substances.
4. How is psychological dependence assessed?
 - a. Ask the person whether he feels high after using opioids.
 - b. Ascertain if the person experiences flu-like symptoms when the drug is stopped.
 - c. Determine if the person stayed employed in spite of opioid use.
 - d. Ask if he continues opioid use despite drug-related problems.
5. What stage has been reached when an addict switches from codeine to morphine?
 - a. Tolerance
 - b. Withdrawal
 - c. Dependence
 - d. Normalization
6. Which of the following is NOT an explanation of why opioid agonist treatment is analogous to insulin treatment for adult onset diabetes?
 - a. In both cases, the disease results from long-standing unhealthy behavior and genetic predisposition.
 - b. In both cases, a drug is needed to compensate for failure of a receptor to respond normally to the actions of the body's own natural substance.
 - c. In both cases, optimal treatment involves use of medications without any need for behavioral counseling.
 - d. In both cases, the use of a synthetic drug mimics the action of a substance produced by the human body.
7. Which of the following is a common co-occurring mental health disorder with opioid use?
 - a. Schizophrenia
 - b. Paranoia
 - c. Bipolar disorder
 - d. Mental retardation

8. According to the DSM IV criteria for dependence, how many manifestations must occur at any time in the same 12-month period?
 - a. None
 - b. One
 - c. Two
 - d. Three

9. Which of the following is NOT a DSM IV criterion for opioid dependence?
 - a. Tolerance to opioid effects
 - b. A positive urine toxicology
 - c. Onset of opioid withdrawal symptoms following cessation of use
 - d. Opioids are often taken in larger amounts or over a longer period than intended

10. Which of the following is a limitation to opioid detoxification?
 - a. It fails to treat underlying brain disease.
 - b. It increases the chances for long-term abstinence.
 - c. It decreases the risk of surreptitious drug use in the facility.
 - d. It decreases the risk of post-release relapse including overdose, infections and crime.

Participant Information. *The address you provide is where your certificate will be shipped.*

Name: _____

Address: _____

City, State Zip: _____

Daytime Phone: _____ Email: _____

Honor Statement. *I attest by my signature that I personally have completed this self-study exam.*

Signature _____ Date _____

CE Credit Type (check one):

- Certified Correctional Health Professionals
- Nurses
- Physicians
- Psychologists

Amount of Payment: \$20

Form of Payment

- Check enclosed, payable to NCCHC
- MasterCard Visa Amex

Card No. _____ Expiration Date _____

Signature _____

Billing Address (if different than above) _____

For office use only:
Exam Received _____
Exam Score _____
Certificate Sent _____



**MANAGING ADDICTED INMATES:
MEDICATION-ASSISTED THERAPY IN CORRECTIONS:**

Self-Study Program Evaluation

1. To what extent did you achieve the following objectives as a result of this educational activity?	Great Extent	Moderate Extent	Slight Extent	Not at All
• Define opioid addiction and its signs and symptoms				
• Employ medication-assisted therapy to manage addicted inmates				
• Apply principles described in SAMHSA's TIP 44 publication for substance abuse treatment of adults in corrections				
2. To what extent are the following learning objectives important to your knowledge and skills?	Great Extent	Moderate Extent	Slight Extent	Not at All
• Define opioid addiction and its signs and symptoms				
• Employ medication-assisted therapy to manage addicted inmates				
• Apply principles described in SAMHSA's TIP 44 publication for substance abuse treatment of adults in corrections				
3. Do you plan to change your practice habits as a result of participating in this learning activity?	Yes <input type="radio"/>	No <input type="radio"/>		

4. How would you describe the ease of use of this learning activity?
 Very easy to use Somewhat difficult
 Somewhat easy Very difficult to use
5. Was this CD-ROM an effective method for learning this information?
 Yes No
6. Including this one, how many self-study programs do you participate in each year?
 1 to 2 3 to 4 5 to 6 More than 6
7. Why did you participate in this self-study program? (Check all that apply)
 To earn CCHP recertification credit To gain a better understanding of the information
 To earn credit for state licensing requirements Other: _____
 To meet employer's CE requirements
8. Overall, how would you rate this program?
 Poor Fair Good Great
9. Content is intended to be presented without bias of any commercial product or drug. Did you encounter any such bias in the presentations?
 Yes No

Comments: _____

Thank you!

Return self-study exam, evaluation and payment to: NCCHC, PO Box 11117, Chicago, IL 60611